

### **Extract 3. 190730 Torrent Falls E\_6.42 Don't have the strength**

1 em >>+climbing--> #gif2start  
2 +((1.8) +(0.3)+(0.7)+(0.6)  
3 em -->+RF down+RF up+ +LF balance-->  
4 PAT: You got it Em,  
5 (0.5)+(0.4)  
6 em -->+LF adjusting-->  
7 EM: I don't have the strength for this,  
8 (1.5)+(1.3)  
9 em -->+body up-->  
10 EM: N:+o- °ugha^hh° #gif2end  
11 em -->+falling-->  
12 pat ^small hop-->  
13 (0.7)^(0.3)+(0.3)  
14 pat -->^  
15 em -->+  
16 PAT: So you say you don't have the strength but you  
17 managed to get yourself all the way up to there.,