

Excerpt 1. Step (Tanssi-impro – 2. Kerta_ GoPro, 32:30–32:40)

“Leader” TII (Tiina) on the left, “follower” RAI (Raija) on the right



Fig1.1
Starting position
(0.5s later TII lifts heel)



Fig1.2
- TII lifting heel, glances at RAI's feet (stops for 0.5s)
- RAI gazes at TII's feet



Fig1.3
- TII lifts heel higher



Fig1.4
- TII slides toes on the floor
- RAI lifts heel



Fig1.5
- TII slides toes further
- RAI's foot slightly off the floor



Fig1.6
- TII slides further
- RAI advances foot but lags behind



Fig1.7
- TII extends leg
- RAI advances the foot one more bit



Fig1.8
- TII lowers heel
- RAI takes a full step



Fig1.9
Finish, simultaneous weight shift